KASZ JANUARY 2025 CALENDAR DATES, TIMES & PARTICIPATION FEES SUBJECT TO CHANGE LIMITED LUNCHES. PLEASE COME EARLY TO PURCHASE YOUR LUNCH; \$6.00

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Gentle fitness Gentle fitness accepts silver Sneakers, Renew or \$5 per class	Call or email the office for this month's Movie Titles		Closed New Year's Day	- Tai Chi 9:00a - Lotería 12:30p - Game Night 5:00p	Pickleball 9:00a - Chair Volleyball 11:00a (fans welcome to watch)	HATS OFF TO THE NEW YEAR DANCE & DINNER 5:30p - 9:00p TICKET REQUIRED
5	- Senior Strong 9:00a - Gentle Fitness 10a - Good Grief 12:00p Hosted by Vitas RSVP How to Predict the Future 3:00p Host: Aging is Cool	7 - Games 9:00a - Lunch 12:00p - Vitals Check: Heart to Heart 12:30p - 1:00p - Games 1:00p - 4:00p	Senior Strong 9:00a Gentle Fitness 10a Crafty Club 1:00p Crochet Class 1:00p	- Tai Chi 9:00a - Bunco 12:30p Sponsor: Orchard Park - Game Night 5:00p	- Rise & Shine Bingo 9:30a Sponsor: Heart to Heart - The Silver Screen 4:00p	1
KASZ Singers 2:00p Country Swing Jamboree 5:00p Bring snacks & food to share at your table	- Senior Strong 9:00a - Gentle Fitness 10:00a - KASZ Krafters 1:00p Focus: Pebble Penguins - Sewing for a Cause 3p - Kyle Quilters 6:30p	- Games 9:00a - Lunch 12:00p - Games 1:00p - 4:00p	- Senior Strong 9:00a - Gentle Fitness 10a - Crafty Club 1:00p	Tai Chi 9:00a - Bingo 10:30a Sponsor: Parks & Rec - Game Night 5:00p	- Pickleball 9:00a - Chair Volleyball 11:00a (fans welcome to watch) Hydration Station: Suvida	Kyle Quilters: Sew-all-Day! Potluck (please bring a dish to share, 9:00a - 4:30p
Silver Screen: Focused on Martin Luther King Jr. Celebration 2:00p	- Sr Strong 9:00a 20 - Gentle Fitness 10:00a Martin Luther King Jr Celebration 11:30a - 2:00p - Art from the Heart 1p Peace & Harmony Quilt - Monthly Trivia 3:00p Host: Aging is Cool	21 - Games 9:00a - Lunch 12:00p - Games 1:00p - 4:00p	- Senior Strong 9:00a - Gentle Fitness 10a - Crafty Club 1:00p - Crochet Class 1:00p	- Tai Chi 9:00a - Fall Prevention & Domino Bingo 12:30p Sponsor: Pam Health - Game Night 5:00p	- Pickleball 9:00a	FREE Puzzle Day Find your perfect puzzle/game for family fun! 2:00p - 4:00p details pg 6
26	- Senior Strong 9:00a - Gentle Fitness 10:00a - Sr. Nutritional Cooking Class 1:00p - KASZ CLUB 5p - 8p bring a snack to share	- Games 9:00a - Lunch 12:00p - Games 1:00p - 4:00p	- Senior Strong 9:00a - Gentle Fitness 10a - Crafty Club 1:00p		- The Silver Screen 4:00p	