KASZ DECEMBER 2024 CALENDAR DATES, TIMES & PARTICIPATION FEES SUBJECT TO CHANGE LIMITED LUNCHES. PLEASE COME EARLY TO PURCHASE YOUR LUNCH; \$6.00

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	- Holiday Healing 2:00 Hosted by Vitas RSVP	3 - Games 9:00a - Lunch 12:00p - Vitals Check: Heart to Heart 12:30p - 1:00p - Games 1:00p - 3:00p	- Senior Strong 9:00a - Gentle Fitness 10:00a - 12 Crafts of Christmas Class is full 1:00p	- Tai Chi 9:00a - Dance Fit 10:30a - Holiday Lotería 12:30p Sponsor: Uwealth - acamedicare	- Chair Volleyball 11:00a (fans welcome to watch)	7
- KASZ Singers 1:30	Sr. Strong 9:00a - Gentle Fitness 10a - 12 Crafts of Christma Class is full 1:00 Yesteryears of Christmas Cheer 2:00p Host: Aging is Cool - The Silver Screen 4p	- Games 9:00a - Lunch 12:00p Guest Speaker: Dr. Plummer Know Your Eyes - Games 1:00p - 3:00p	Closed for City Usage	- Tai Chi 9:00a 12 - Dance Fit 10:30a - Cookie Exchange & Hot Coco Bar 12:30p Sign Up Required Holiday Bunco 1:00p Sponsor: Orchard Park	- Rise & Shine Bingo 9:30a Sponsor: Heart to Heart	Christmas Tea Party 11a (Doors open 10a) Must have a ticket
1	- Sr. Strong 9:00 - Gentle Fitness 10:00 (Fitness Holiday Party 11a) - 12 Crafts of Christma Class is full 1:00	- Games 9:00a HOLIDAY LUNCH 12:00p - Games 1:00p - 3:00p	- Senior Strong 9:00a - Gentle Fitness 10:00a - 12 Crafts of Christmas Class is full 1:00p - The Silver Screen 4:00p	- Tai Chi 9:00a - Holiday BINGO with Ugly Sweater Contest 10:30a Sponsor: Uwealth - acamedicare	- Chair Volleyball 11:00a (fans welcome to watch)	21
2	- Sr. Strong 9:00 - Gentle Fitness 10:00 - Christmas Treat Decorating 1:00 Must Sign Up	Closed for the Holidays	*Holidays	Closed for the Holidays	Closed for the Holidays	Closed for the Holidays
2	- Sr. Strong 9:00a 3 - Gentle Fitness 10:00 - Volunteer Day: Decon Noon Year's Eve — 12p	- Games 9:00a	5	enior Strong & enior Strong & Gentle Fitness accepts accepts Silver Sneakers, Renew Active Renew Or \$5 per class	Call or email the office for this month's Movie Titles	